

CERTIFICATE OF PARTICIPATION

This is to certify that

Michelle Groome

Has successfully participated & completed the

13km Shift Wellness - Winter Wellness Trail Series

held at Walter Sisulu Garden.

TIME 01:56:44

PACE 08:57/km

OVERALL 40 of 59

GENDER 6 of 19

40 - 49 2 of 6

21 July 2019, Sun

Date



BoutTime

Signature

